

[iptafitness.com](http://iptafitness.com)

[facebook.com/IPTA.TrainerSchool](https://facebook.com/IPTA.TrainerSchool)

# IPTA 阻力訓練解剖肌動學專科文憑

PROFESSIONAL DIPLOMA IN RESISTANCE TRAINING  
ANATOMICAL KINESIOLOGY

已持有以下三項證書(1+2+3)

- 1) IPTA 私人體適能教練證書
- 2) IPTA 阻力訓練計劃編寫專科教練證書課程
- 3) IPTA 阻力訓練解剖及生物力學專科教練證書課程

國際私人教練專業學院 (IPTA)

[www.iptafitness.com](http://www.iptafitness.com)

[info@iptafitness.com](mailto:info@iptafitness.com)



*Demo : Garrick Yeung ( IPTA Master Trainer )*

